

In-Room Treatments

PERSONAL TRAINING AND ULTIMATE RELAXATION

How to book

Services are available seven days a week from 8 AM until midnight, and by special arrangement at other times. Advance notice is advisable in order to ensure that we can accommodate your request. To enable us to provide the best possible service, you may be asked to complete a brief medical history and details as to your individual preferences for the requested treatment.

Booking Hotline

To book your in-room treatment, please contact our guest relations desk at #805. Check out back side for massages and treatments.

Payment and Cancellation

Services and treatments are charged to your room bill. As a consideration to our other guests, there is a 2-hour cancellation policy. Full service fee will be charged to your room, if cancellation is made less than 2 hours prior to the appointment.

Please notice

Appointments after 9 PM have an additional night charge of 25% of the regular price.

PERSONAL TRAINING

Service

“Vitalität in Perfektion“ Personaltraining is a team of experts who develop remarkable concepts for fitness-, physical health and balanced diet for more than twelve years. Experience high level fitness and book a special personal-training programm, focused on your special needs. For your individual programm please contact the reception.

What is special about VIP Personal Training?

You do not need anything - not a variety of gym machines, nor being a member of a fitnessclub, just a bit of time. “Vitalität in Perfektion“ Personaltraining is a one-to-one training and can be carried out nearly everywhere. The effectivity of this unique concept is scientifically proven.

Rates

Duration	60 min	120 min	180 min
Charge	150	290	420

All prices in €, including vat's.

In-Room Personal Training is provided by Vitalität in Perfektion Personaltraining Company.

ULTIMATE RELEXATION

Appointment Etiquette

Therapists will arrive 5 minutes prior to appointment time at your room in order to prepare the treatment. It is advisable to shower before all body treatments. For body and face treatments it is easier to meet your needs if you tell us what you would prefer. We recommend consulting with our therapist before you begin your treatment, to discuss your opinions and what might best benefit your skins needs. Your therapist will also make you aware of any extra charges associated with additional services.

Massage attire is whatever makes you feel comfortable. You will be covered at all times. It's your time – your therapist is a professional. If you feel like chatting, go ahead – if you don't, just relax and enjoy.

Massages Classic

	Duration	Charge
SPORT MASSAGE		
An invigorating massage specifically designed for the athletes and sports enthusiast. It will focus on areas of the body that you feel need special attention.	60 min	105
	90 min	145
SWEDISH MASSAGE		
The best-known type of bodywork massage technique to relax the entire body by rubbing the muscles with long gliding strokes in the direction of blood returning to the heart.	60 min	105
	90 min	145
	2 h	200
REFLEXOLOGY		
Refexology treatment stimulates predefined pressure points on the feet, hands and head.	60 min	105
	+ 30 min	45
AROMATHERAPY Add-on		
Choose from a selection of different Organic PANPURI scents which suit you for that moment. Surcharge for PANPURI aroma.		15

Massages Asian Style

	Duration	Charge
TRADITIONAL SHIATSU		
Traditional Japanese massage on a floor matt using acupres- sure and stretching. Please wear loose fitting.	90 min	155
	2 h	210
SWEDISH-SHIATSU COMBINATION		
This massage combines SOKAI's most popular treatments. It will use all different styles – bespoke and adjusted to your needs.	60 min	105
	90 min	145
	2 h	200

Beauty Treatments

	Duration	Charge
LUXURY FACIAL		
With gorgeous products of LaPrairie incl. intensive mask	60 min	149
STRESS TREATMENT		
Methode Clarins	60 min	119
CLASSICAL FACIAL		
Methode Clarins	50 min	99
HANDS		
Classic Manicure		49
French Manicure		59
FEET ONLY NATURAL NAILS		
Classic Pedicure		59
French Pedicure		69

All prices in €, including vat's.

In-Room Spa Service is provided by SOKAI Wellness.